

ADJUVANTS

	central	peripheral	intravenous
dexamethasone	_____	~0.05- 0.1 mg/kg (up to 4 mg)*	~0.05- 0.1 mg/kg (up to 4 mg)*
α2-agonists	caudal: 1 mcg/kg spinal: 1 mcg/kg	1 mcg/kg	1 mcg/kg
morphine	low dose: 2-5 mcg/kg medium dose: 5-20 mcg/kg high dose: > 20 mcg/kg	_____	_____

* If one uses 4-8 mg as typical dose in a typical 70 kg adult, this gives an approximate 0.05-0.1 mg/kg dose adjusted by weight

If using a single agent, dexamethasone and α2-agonists seem to have comparable outcomes

Using combination therapy (α2-agonists and dexamethasone) seems to have a synergistic effect and may prolong duration more than single agent therapy alone